

BABY TO ONE YEAR (0-1)

It's not just reading. It's building language.



TALK ALL DAY

Narrate what you're doing ("we're changing your diaper," "look at the blue cup")

SING SONGS

Lullabies, silly songs, and made-up songs all count!



CHAT BACK AND FORTH

Pause and respond to babbles like it's a conversation

READ EVERY DAY

Board books, fabric books, or even pointing at pictures



CUDDLE WHILE YOU READ

Closeness helps babies connect words with comfort

Even if baby doesn't respond, they are still absorbing everything!



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TODDLERS (1-3)

Make reading short, simple, and part of the day.



READ OFTEN, NOT LONG

A few minutes is perfect



LET THEM TURN THE PAGES

Even if it's chaotic



NAME WHAT YOU SEE

Call out colors, animals,
and everyday objects



REPEAT FAVORITE BOOKS

Repetition builds
understanding



MAKE IT A ROUTINE

Before naps, bedtime,
or after meals

Reading doesn't have to be
perfect – just consistent.



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SMALL KIDDOS (3-5)

Make reading interactive and fun.

ASK QUESTIONS

"What do you think happens next?"



POINT TO WORDS AS YOU READ

Link sounds to words

LET THEM RETELL THE STORY

in their own words

CONNECT STORIES TO REAL LIFE

"Remember when we did that?"



READ EVERYWHERE

At home, in the car, while waiting

Books help build confidence, curiosity, and imagination.



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EARLY ELEMENTARY (5-8)

Build independence while keeping it enjoyable.

- ✓ **Read together daily:** take turns reading pages
- ✓ **Talk about the story:** characters, problems, favorite parts
- ✓ **Let kids choose:** find books that match their interests
- ✓ **Set a regular reading time:** after school or before bed
- ✓ **Model reading:** let them see you read too



**Strong reading skills start
with positive habits!**



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