

Success Stories . . .

RAMP



Phil Geoghegan

Not so long ago, I was a pretty happy and healthy guy. I was working in the mortgage business. This was still fairly new but I was in my 5th year and enjoying it. I have a grown son whom lives in Tennessee and he was doing well also. I enjoyed playing the guitar in my spare time. Then, I had my stroke.

After I was stabilized at the hospital, I was moved to Alma Nelson Manor for rehab. I completed a daily regimen of activities with the physical therapist but still suffered many set backs and was not improving very quickly. I couldn't walk because I had no functional use of my leg arm and leg. After a few weeks, my insurance ran out and I was no longer able to work with the rehabilitation specialist. I was stuck there. I just sat and watched television all day. Alma Nelson didn't tell me that I had to leave but I knew that I needed help and fast.

One day Rhonda and another employee from RAMP showed up and began explaining the Community Reintegration Program to me. They had gotten my name somehow and I am so grateful. The Community Reintegration Program sounded like a great idea and I was ready to get back into my own place. I had lost my apartment and my job so I had nothing to work with.

RAMP CRP assisted me with finding housing, getting all my furniture, utilities, etc. set up and now here I am. I am living independently and feeling better. I still have some loss of control in my left leg and arm but I can walk and take care of most things on my own. I have a nurse that comes in and checks my medications and a wonderful PA who comes in three times a week to assist me with cleaning, laundry and miscellaneous things.

I still do my physical therapy exercises every day and hope to get more of my strength and control back. My goal is to return to work and become as self-sufficient as possible one day. I am only 58 years old, so I still have a lot of living to do.

Thank you RAMP and CRP.



Community Partner