

Success Stories . . .

RAMP



Kathryn Consoliver

When I first contacted RAMP I was not sure what they could do to help me but I did know that I had nothing to lose. Prior to being admitted to Medina Nursing Home, I had been living in a one room apartment with no heat and in very poor health. It was a daily struggle with my chronic pain related to rheumatoid arthritis, cellulites and heart disease. Each day that went by I recognized that my falls became increasingly more frequent, which resulted in numerous calls to 911. My family and I became very concerned and questioned my ability to live independently in the community.

The last time I was admitted to the hospital we decided it would not be in my best interest and unsafe for me to return to my one room apartment. I was transferred to Medina Nursing home for extended care and rehabilitation. After a long three month stay at the nursing home I was finally offered housing in the area. That was when my RAMP advocate and I went into action. We worked on coordinating services, resources and assistance with one time purchases with the advocate's reassurance of continued independent living supports in the community. Although it was a little scary during the initial transition, I began performing tasks independently and with ease. I cook my own meals and take care of the little things around the apartment. I no longer have a designated shower schedule and when the weather is nice I ride my scooter to the park and even go to the grocery store near by. I have a great Personal Assistant, Mabel, who comes in almost every day to help me with the things I am unable to do for myself.

Thanks to the Community Reintegration Program, I now have a wonderful apartment (with heat). Although I still can not walk, my overall health is better and I am much happier. I just want to thank the RAMP Community Reintegration Program for helping me to get on with my life.



Community Partner